

Dear friends of the world trip by bicycle,

we actually write this "double newsletter" to you from a boat! A lot has happened since the last newsletter - we are now really exchanging saddles for sails. But one after the other!

1) What happened during the last two months?

A) Canary Islands (until 23.07.):

We sent the last newsletter at the end of June from Fuerteventura, where we stayed at a German kitesurfing school in Morro Jable for five weeks, swapped work for kiteequipment and rested after cycling through Africa.

But before we went home from there for a "holiday", Steffen arrived on the Canary Islands - luckily just in time to meet us! Steffen is the sailor from Hamburg we already told you about. We arranged to meet him on Tenerife, sailed around the island for a few days together with three Spanish guys and then rushed over a longer stage to Gran Canaria. If you want to know what it looks like in Steffen's sailboat, you can watch the video we cut about the five days with him on the Canaries [here!](#)



B) Münster (23.07-21.08.):

Home, sweet home! Of course we missed Münster, our families and friends veeery much. And thus, as you can imagine, we were really happy to be back home for four weeks: swimming in the Coburg, wedding in the half-timbered house, BBQ at the canal, dancing in the "Red Lola" and a visit to the studio of the WDR TV news. It was wonderful!



Of course we didn't want to miss the opportunity of giving a travel talk at home. At the LVM Münster and our sponsor Fahrrad Hürter we organized three "lectures for all senses". There were photos and videos to see, stories to hear, Omani perfume to smell and Iranian carrot jam to taste. We really enjoyed it - and many of you were there, too. Thanks for that!



### C) Canary Islands (since 21.08.):

Now we are back on the Canary Islands, have stowed all our panniers (and yes, also the bicycles!) in Steffens boat and already sailed from Fuerte to Gran Canaria - accompanied by dolphins! Here we do all the things that have to be done before such a big crossing: practice overboard manoeuvres, fill up the water tank, buy food and water, clear out at the port emigration. You see: there is a lot to do! But tomorrow we will most probably start: we will sail to Rabat, Morocco! Steffen plans 10 days at sea - and we're praying that we don't get too seasick. But during the trial days we did quite well, so there is hope :D! When we've made it to Rabat we will take a break there for a few days, repair everything that will probably break on the crossing - and then sail on to Tarifa, Spain.



### 2) WDR Lokalzeit - behind the scenes!

Because last time we found it so incredibly exciting how it looks like in the studio of the Lokalzeit Münsterland and how such a live broadcast works in general, that we documented our visit there this time for you. You'll find the clip soon on [Patreon](#) or as always four weeks later [here](#) on our Youtube channel. So take a look soon and join us behind the scenes!



All the best and many greetings from Gran Canaria - we will report more to you again from the Spanish mainland! Keep your fingers crossed so we won't ram any whales or even meet any refugee boats during the crossing...

Magda and Manu